## The Conscious Connection Center

## Providing holistic psycho-therapy for those experiencing:

- Abandonment Issues
- Anxiety
- Bereavement, Grief and Loss
- Commitment Difficulties
- Depression
- Domestic Violence

- Life Transitions
- Spiritual Conflicts
- Struggling to Love And Accept One's Self
- Substance Attachment (Abuse/Dependence)
- Trouble Coping with Emotions/Daily Stress
- Emotional/Physical Trauma

## The Purpose: Shifting Your Awareness

The purpose of creating The Conscious Connection Center is to establish a sacred space for personal/spiritual restoration which will encompass the opportunity for increased self awareness and the chance to exchange information with the core of our human composition. The core is comprised of the emotions and cognitions of the higher self, the inner child, the current physical experience and the energetic entanglement of all three components.

We are made of energy; our brain and physical bodies run off of energy and our human experience is impacted by the energy exchanged through the relationships and contact we have with other life. It is imperative for this energy to be accounted for to generate long-term healing in the process of personal recovery (change).

It is the intention of The Conscious Connection Center to use this wisdom with integrative psycho-therapeutic modalities for the purpose of personal connection, growth and healing. Our personal work, the journey to understanding and creating ourselves, is not to be taken for granted as it is the most rewarding and precious of all the work we will do in our lives.



April Marie Shackelford, MSW, CADC

Master Social Worker, Certified Addiction & Drug Counselor

Reiki Practitioner

It is my honor to be of service. For an appointment or if you have any questions, please call: 810-423-7577 or email: thesearchwithin\_4@yahoo.com.